For the Trainer

Hand out page 2 to each driver. Use page 1 (this page) as your guide and ask the questions below. Guide the conversation to get the correct answer. Many questions have more answers listed then required.

Drivers should complete page 2 by writing in the answers, signing and dating the handout. Once the training is completed collect page 2 for your training file.

For the best result, supplement this training with an online training program or DVD’s.

1. Define distracted driving:

¨  Any activity diverting a person’s attention.

2. On a national level, how many accidents out of every four do you think is due to distracted driving?

¨ One (1) out of every four (4) accidents are due to distracted driving.

3. Name three (3) forms of distracted driving.

¨ Eating

¨ Reading and writing

¨ Cell phones or other mobile technology

¨ Passengers and other noise distractions

¨ Reaching for items

¨ Grooming

4. Is a handsfree cell phone considered distracted driving?

¨ Yes, but it isn’t the phone the distraction is the conversation.

5. When can you legally use your phone?

¨ Off on the side of the road or when calling emergency services

6. How far do you drive when glancing at a cell phone?

¨ The length of the football field – 5 seconds on average

**For the Driver**

Write your answers to the questions below, print and sign your name, date and turn into your trainer.

1. Define distracted driving:

2. On a national level, how many accidents out of every four do you think is due to distracted driving?

3. Name three (3) forms of distracted driving.

4. Is a handsfree cell phone considered distracted driving?

5.  When can you legally use your phone?

Driver Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Driver Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Trainer Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_